

Essential Eligibility Criteria

Lake Griffin State Park Guided Paddle Trips

In order to participate in this program, one:

- Must have the ability to wear a properly fitted personal flotation device.
- Must have the ability to follow verbal and/or visual instructions independently or with assistance of a companion.
- Must meet the age requirements: Single Kayak: Must be at least 13 years old to paddle with consent and on-the-water presence of parent and/or guardian over 18 years old. Canoe: A child 6 to 12 years can only be a passenger with two other paddlers, one being a parent and/or guardian.
 - Must be six years of age or older.
 - Must not exceed the manufacturer's weight limit for the vessel.
 - For canoes the weight limit is 650 pounds (limit includes gear and all passengers)
 - For kayaks the weight limit is 350 pounds (limit includes gear and all passengers)



Essential Eligibility Criteria

Lake Griffin State Park

Guided Paddle Trips – Continued

- Must have the ability to enter and exit the vessel independently or with the assistance of a companion or self supplied adaptive device.
- Must have the ability to remain seated, maneuver, and balance independently or with assistance of a companion or self supplied adaptive device.
- Must have the ability to withstand exposure to the outdoors, including sun, heat and insects, for up to three hours.
- Must have at least one person in vessel with the ability to grasp and maneuver a paddle or, or the ability to move canoe through the water in a stable manner self-supplied adaptive device.
- Must have the ability, with the assistance of a canoe partner, to lift or drag the vessel from the storage rack to the river, and from the river to the storage rack, over sandy, wet, and uneven terrain, a distance of approximately 40 feet.
- In the event of a capsizing, one: Must have the ability to get out from under the vessel, independently and must have the ability to right oneself and remain face up in the water with the aid of a personal flotation device.

